

Water immersion for labour and birth

Clinical Skills Assessment Tool (CSAT)

About this assessment tool: This assessment tool was adapted from the *Water Immersion in Labour and Water Birth Clinical Skills Assessment Tool of Metro North Health (2017)*, *Central Queensland Hospital and Health Service (2019)*, *Mackay Hospital and Health Service (2019)*, and *Water Immersion in Labour and Water Birth Clinical Skills Assessment Tool (2017)*.

To the assessor: Please refer to your local HHS/facility mandatory maternity education and procedures to ensure applicant is current with all mandatory training prior to commencing this CSAT.

Should birth not occur in water during this assessment, water birth could be assessed by simulation within two weeks of the water immersion in labour assessment.

Part 1 – Recognition of Prior Learning

Is the participant applying for Recognition of Prior Learning (RPL)?

- Yes ► Complete RPL process, then proceed to Part 3
- No ► Proceed to Part 2.

Part 2 – Pre-requisites

- | | | |
|---|---|--|
| 1 | Completed the 'Warm immersion for Labour and Birth' online learning course in the last 6 months. | <input type="checkbox"/> Met Criteria
<input type="checkbox"/> Criteria not met |
| 2 | Attended a 'Water immersion for labour and birth' workshop. This item is optional. | <input type="checkbox"/> Done
<input type="checkbox"/> Not done |
| 3 | Completed local manual handling assessment for emergency evacuation from the birth pool. | <input type="checkbox"/> Met criteria
<input type="checkbox"/> Criteria not met |
| 4 | Observed either: <ul style="list-style-type: none">• 1 simulation of water immersion during labour and birth OR• 1 actual water immersion during labour and birth | <input type="checkbox"/> Met criteria
<input type="checkbox"/> Criteria not met |
| 5 | Supervised either: <ul style="list-style-type: none">• 1 simulation of water immersion during labour and birth OR• 1 actual water immersion during labour and birth | <input type="checkbox"/> Met criteria
<input type="checkbox"/> Criteria not met |

Proceed to Part 3 on the next page.

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Part 3 – Applies standards that reflects accountability for professional midwifery practice

- 6 Provides information on warm water for labour and birth including benefits and risks; and responds appropriately to the education needs of the woman. Met criteria
 Criteria not met
- 7 Involves the support people in the plan of care. Met criteria
 Criteria not met
- 8 Performs comprehensive and accurate assessment and care as per Queensland Clinical Guideline. This means:
- records ongoing observations
 - addresses nutritional and hydration requirements when using the pool
 - maintains appropriate bladder care during labour in water
 - ensures consent for the use water immersion for labour and/or birth has been recorded as per local process.
- 9 Maintains communication with other personnel (i.e., Team Leader) regarding the woman entering the pool. Escalates information to the multidisciplinary team members as needed. Met criteria
 Criteria not met

Part 4 – Aware of and applies health and safety standards during water immersion and birth

- 10 Checks routine emergency equipment is available and in working order. This means:
- emergency equipment for removal from the pool
 - adequate staffing to support the use of the pool
- 11 Maintains standards precautions. Met criteria
 Criteria not met
- 12 Maintains a safe work area. This means:
- cleaning up spills
 - providing support when entering and exiting the pool

Part 5 – General midwifery care

- 13 Appropriately assesses the time to enter and exit the birth pool. Met criteria
 Criteria not met
- 14 Maintains water temperature as per local facility guideline. Met criteria
 Criteria not met
- 15 Ensures the woman is always attended by a midwife. Met criteria
 Criteria not met

Proceed to Part 6 on the next page.

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Part 6 – Evaluates findings and initiates appropriate midwifery actions

- 16 Modifies the plan of care according to the evaluation, assessment, and the woman's requests. This means:
- adapts care to acknowledge personal, cultural, and spiritual needs
 - involves the woman and support people in the provision of care during all stages of labour
- 17 Effectively supports all stages of labour in collaboration with the woman.
- 18 Maintains hands-off technique with no stimulation to the baby whilst underwater.
- 19 Demonstrates gentle rising of the baby to the surface of the water head-first, without undue traction on the umbilical cord.

Met criteria
 Criteria not met

Met criteria
 Criteria not met

Met criteria
 Criteria not met

Met criteria
 Criteria not met

Part 7 – Documentation

- 20 Maintains accurate documentation including any variances.

Met criteria
 Criteria not met

Part 8 – Assessment result

To the assessor: Should birth not occur in water during this assessment, water birth could be assessed by simulation within two weeks of assessment of water immersion in labour.

- COMPETENT** ► End of assessment.
 CRITERIA NOT MET ► Proceed to Part 9.

Name of clinician

Signature of clinician

Date

Name of assessor

Signature of assessor

Date

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Part 9 – Proposed Learning Plan

To the assessor: Fill this section out if the participant was assessed as having not met the criteria.

Name of clinician

Name of assessor

Learning Plan

Name of clinician

Signature of clinician

Date

Name of assessor

Signature of assessor

Date